

Curriculum Vitae

Personal data	
Name	Éva Lobanov-Budai
Year of birth	1986
Position	assistant lecturer

Education and qualifications	
	Teacher of health education, 2009, University of Szeged, Juhász Gyula Teacher Training Faculty
	Teacher of children with special needs, teacher of children with learning difficulties, 2009, University of Szeged, Juhász Gyula Teacher Training Faculty

Workplace	
	2009 - Section of Health Behaviour and Health Promotion, Faculty of Health Sciences and Social Studies, University of Szeged
	2008-2009 – Motivation Student Mentor Program (Szeged)

Scientific specialization	
	Self-compassion (self- and emotion regulation) Well-being (subjective, psychological, integrated model) Young adult's health behaviour Adolescents' self-esteem and health behaviour

Languages spoken	
	english intermediate, type C

Taught courses	
	Health Pedagogy practice Health Promotion practice 1-2. Self-compassion and body posture training

Other teaching and practical activities	
	TDK

Experiences in teaching, conferences abroad	
	1-4. 06. 2010 University of Crimea, V. international symposium „ТЕЛО-СОЗНАНИЕ-ТВОРЧЕСТВО", Yalta (Ukraine), workshop: «Тело и душа»
	1-4. 06. 2011 University of Crimea, VI. international symposium, "ТЕЛО-СОЗНАНИЕ-ТВОРЧЕСТВО" ,Yalta (Ukraine) Lecture: Ранняя детская привязанность и здоровьесберегающее поведение Workshop: «Два конца пищевого канала и что между ними: тело и душа»

	<p>20-23. 08. 2011 Obzor (Bulgaria) „Creative Europe” I. International East-European Arts Therapy Festival Lecture: „Information or Experience? Possible Interfaces between Health Promotion and Art Therapy”</p> <p>20-24. 08. 2012 Obzor (Bulgaria) „Creative Europe” II. International East-European Arts Therapy Festival Lecture: „Cycle of change” model in art-therapy process with addictions</p> <p>1-4. 06. 2013 University of Crimea, VIII. international symposium, "ТЕЛО-СОЗНАНИЕ-ТВОРЧЕСТВО" ,Yalta (Ukraine) Lecture: Психологические принципы истолкования связи интрапсихических и межличностных факторов у подростков.</p> <p>20-23. 08. 2013 Obzor (Bulgaria) „III. International East-European Arts Therapy Conference Lecture: Интрапсихические и межличностные факторы, формирующие, Поведение подростка по отношению к его здоровью</p> <p>3-6. 02. 2014 MMU Cheshire International Academic Week, Lecture: The connection between the intrapersonal effects and the adolescents’ health behaviour</p> <p>22-25. 02. 2016 MMU Cheshire International Academic Week Lecture: Well-being, self-compassion and health</p>
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Tendering operation	
	<p>TÁMOP-4.1.2.A/1-11/1-2011-0032 – „The development and introduction of the education of BSc level dental hygienist in Hungary”</p> <p>2012-2013. TÁMOP 6.1.4/12/1-2012-0001 Early Childhood (0-7 years) priority projects</p> <p>TÁMOP-4.2.6-15/1-2015-0002 – „Functional loss of health in old age”</p>

Membership in Organizations	
	East European Arts Therapy Association, foundation member, Financial Programmes Commission

Awards	